

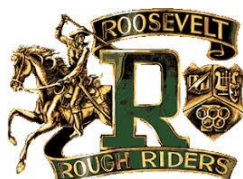


**Roosevelt  
High School  
2022-2023  
Parent Guide**

# **Welcome to Roosevelt High School!**

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## **Important Phone Numbers:**

### **School Offices**

**Main Office: 253-5200**

**RSA Office: 253-5323**

**Attendance Line: Last Name A-M: 253-5209**

**Last Name N-Z: 253-5326**

### **Safety and Support Numbers**

**Police (emergency) : 911**

**Police (non-emergency): 621-7000**

**Sanctuary (Teen Shelter): 498-8543**

**Sanctuary Runaway Hotline: 1-800-820-4968**

**Suicide Prevention Hotline: 1-800-506-5991**

***RHS Anonymous Tip Line:***

***(559) 549-7470/ text (preferred) or call***



# Roosevelt High School

## BELL SCHEDULE 2022-23



Traditional / Mtg Day (TM)	ODD Block Tue (O)	EVEN Block Wed (E)	ODD Block Thur (O)	EVEN Block Fri (E)
PLCs/Meetings 7:50 – 8:35	Period 1 8:30 – 10:13	Period 2 8:30 – 10:13	Period 1 8:30 – 10:13	Period 2 8:30 – 10:13
Period 1 8:45 – 9:33	RST (Per 13) 10:21 – 10:51	HR (Per 10) 10:21 – 10:51	RST (Per 13) 10:21 – 10:51	HR (Per 10) 10:21 – 10:51
Period 2 9:41 – 10:29	Period 3 10:59 – 12:42	Period 4 10:59 – 12:42	Period 3 10:59 – 12:42	Period 4 10:59 – 12:42
Period 3 10:37 – 11:27	LUNCH 12:42 – 1:17	LUNCH 12:42 – 1:17	LUNCH 12:42 – 1:17	LUNCH 12:42 – 1:17
Period 4 11:35 – 12:23	Period 5 1:25 – 3:08	Period 6 1:25 – 3:08	Period 5 1:25 – 3:08	Period 6 1:25 – 3:08
LUNCH 12:23 – 12:58	Period 7 3:15 – 4:58		Period 7 3:15 – 4:58	
Period 5 1:06 – 1:54	<b>Full Traditional (T) Weeks</b> Aug 15, Aug 22 (Mon TM), Dec 5, Jan 9 (Mon TM), Jan 16 (Tue 1/17 TM), Mar 27 (Mon TM), Apr 24 (Testing), May 29			
Period 6 2:02 – 2:50				
Period 7 2:57 – 3:45				

Traditional (T)
Period 1 8:30 – 9:26
Period 2 9:34 – 10:30
Period 3 10:38 – 11:37
Period 4 11:45 – 12:41
LUNCH 12:41 – 1:16
Period 5 1:24 – 2:20
Period 6 2:28 – 3:24
Period 7 3:31 – 4:27

### VISION

Roosevelt High School will expand our students' educational, social, and cultural horizons, and support a safe, clean, and friendly learning environment, to cultivate academic and personal growth and success.

### MISSION

Roosevelt High School will prepare students to be productive citizens, ready to be successful in post-secondary education and the world of work.

### SCHOOLWIDE LEARNER OUTCOMES (SLOs)

Skilled Communicator & Collaborator      Productive & Resilient Problem Solver  
Self-Directed & Adaptable Learner      Proactive & Respectful Community Participant  
Responsible & Resourceful Digital User

**RST (Rider Success Time):** The vision for Rider Success Time is to provide time during the school day for support, intervention, extension or other areas to help students succeed academically.

**HR (Homeroom):** The vision for Roosevelt Homeroom is to help students and staff develop positive relationships and school connectedness, and to help strengthen students' social-emotional learning (SEL) skills to cultivate academic and personal growth and success.

# Roosevelt High School

## 2022 - 2023 Bell Schedule Calendar

**AUGUST 2022**

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
		BUYBACK	INSTITUTE	INSTITUTE
15	16	17	18	19
T	T	T	T	T
22	23	24	25	26
TM	T	T	T	T
29	30	31		
TM	O	E		

**NOVEMBER 2022**

M	T	W	T	F
	1	2	3	4
	O	E	O	E
7	8	9	10	11
TM	O	E	T	HOLIDAY
14	15	16	17	18
TM	O	E	O	E
21	22	23	24	25
VACATION	VACATION	VACATION	HOLIDAY	HOLIDAY
28	29	30		
TM	O	E		

**FEBRUARY 2023**

M	T	W	T	F
		1	2	3
		WVC	O	E
6	7	8	9	10
TM	O	E	O	E
13	14	15	16	17
HOLIDAY	O	E	O	E
20	21	22	23	24
HOLIDAY	O	E	O	E
27	28			
TM	O			

**MAY 2023**

M	T	W	T	F
1	2	3	4	5
TM	O	E	O	E
8	9	10	11	12
TM	O	E	O	E
15	16	17	18	19
TM	O	E	O	E
22	23	24	25	26
TM	O	E	O	E
29	30	31		
HOLIDAY	T	T		

**SEPTEMBER 2022**

M	T	W	T	F
			1	2
			O	E
5	6	7	8	9
HOLIDAY	O	E	O	E
12	13	14	15	16
TM	O	E	O	E
19	20	21	22	23
TM	O	E	O	E
26	27	28	29	30
TM	O	E	O	E

**DECEMBER 2022**

M	T	W	T	F
			1	2
			O	E
5	6	7	8	9
T	T	T	T	T
12	13	14	15	16
T	Final Exams	T	M	
19	20	21	22	23
VACATION	VACATION	VACATION	VACATION	HOLIDAY
26	27	28	29	30
HOLIDAY	VACATION	VACATION	VACATION	VACATION

**MARCH 2023**

M	T	W	T	F
			1	2
			E	O
6	7	8	9	10
BUYBACK	O	E	O	E
13	14	15	16	17
TM	O	E	O	E
20	21	22	23	24
TM	O	E	O	E
27	28	29	30	31
TM	T	T	T	T

**JUNE 2023**

M	T	W	T	F
			1	2
			T	T
5	6	7	8	9
T	Final Exams	M		
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

**OCTOBER 2022**

M	T	W	T	F
3	4	5	6	7
TM	O	E	O	E
10	11	12	13	14
BUYBACK	O	E	O	E
17	18	19	20	21
TM	O	E	O	E
24	25	26	27	28
TM	O	E	O	E
31				
TM				

**JANUARY 2023**

M	T	W	T	F
2	3	4	5	6
HOLIDAY	VACATION	VACATION	VACATION	VACATION
9	10	11	12	13
TM	T	T	T	T
16	17	18	19	20
HOLIDAY	TM	T	T	T
23	24	25	26	27
TM	O	E	O	E
30	31			
TM	O			

**APRIL 2023**

M	T	W	T	F
3	4	5	6	7
VACATION	VACATION	VACATION	VACATION	HOLIDAY
10	11	12	13	14
VACATION	O	E	O	E
17	18	19	20	21
TM	O	E	O	E
24	25	26	27	28
TW	TW	TW	TW	TW



T = Traditional TM = Traditional/Meetings O = Odd Block w/Homeroom E = Even Block w/RST M = Minimum Day  
TW = State Testing Week (T schedule) BUYBACK/INSTITUTE = Teacher Work Day, No School for Students

# Admin



**Michael Allen**  
**Principal**

**michael.allen@fresnounified.org**



**David Ray**  
**Vice Principal**

**David.Ray@fresnounified.org**



**Abril Garcia**  
**Vice Principal**

**abril.garcia@fresnounified.org**



**Gretchen Saldana**  
**Vice Principal**

**gretchen.saldana@fresnounified.org**



**Cindy York**  
**Vice Principal**

**Cindy.york@fresnounified.org**



**Dario Rodriguez**  
**Vice Principal**

**dario.rodriguez@fresnounified.org**

# RHS Counseling Team



**Follow us!**



**Instagram**

**Book an Online Appointment  
with your Counselor!**

**@Roosevelt\_counseling**

**For More Information:**

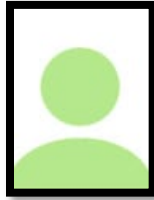
**<https://trcounseling.weebly.com/>**



# Social Emotional Team



**Dr. Kong Vang**  
School Psychologist  
[kong.vang2@fresnounified.org](mailto:kong.vang2@fresnounified.org)



**Christina Perez Luna**  
School Psychologist  
[christina.perez-luna@fresnounified.org](mailto:christina.perez-luna@fresnounified.org)



**Karina Gomez**  
Clinical Social Worker  
[karina.gomez@fresnounified.org](mailto:karina.gomez@fresnounified.org)



**Paola Sanchez**  
Project Access  
CSSW  
[paola.napoles@fresnounified.org](mailto:paola.napoles@fresnounified.org)



**Glibert Salcedo**  
Re-Engagement Teacher  
[gilbert.salcedo@fresnounified.org](mailto:gilbert.salcedo@fresnounified.org)



**Kirsten Krejcik**  
Restorative Practices  
Counselor  
[kirsten.krejcik@fresnounified.org](mailto:kirsten.krejcik@fresnounified.org)



**Marcelino Rodriguez**  
Therapist  
[marcelino.rodriguez@ffcounseling.org](mailto:marcelino.rodriguez@ffcounseling.org)

## Social Emotional Support

**Need to talk?**

**Book an appointment**



**During School Hours**

**Text for  
Immediate Support  
(559)  
537-8053**

**After School Hours :**

**If you are in crisis, please call the National Suicide Prevention Lifeline  
at #988**





# Roosevelt High School

## Parent Center

**Connecting  
Our Families, School and  
Community to Help Student  
Achievement.**

**Monday- Friday  
8:00AM-4:00PM**

**Located behind  
the Main Office**



### SUPPORT

- ATLAS
- EDUTEXT
- Connecting with on campus support
- Community Resources

### HOME SCHOOL LIASION TEAM

- Aimee Cruz (Spanish)
- Guillermina Torres-Ruiz (Spanish)
- Yia Thao (Hmong)

**QUESTIONS?  
PLEASE CONTACT US**

**(559) 253-5358**

For more info: [tinyurl.com/rooseveltparentcenter](https://tinyurl.com/rooseveltparentcenter)



**Roosevelt High School**

**Once a Rough Rider, Always a Rough Rider**

4250 E Tulare Ave Fresno, CA 93702 / Roosevelt Main Office: (559) 253-5200

# Go-To Info

**Student Name:**

**Student ID Number:**

**My Student's Academic Counselor:**

**Parent Portal Info:**

**Username:** \_\_\_\_\_

**Password:** \_\_\_\_\_

**EDU-TEXT Pin:**

[illegible]

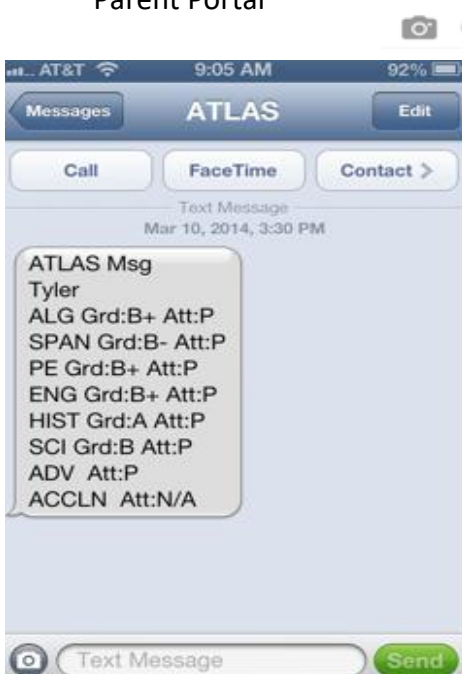
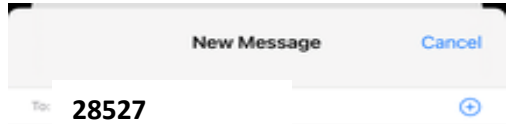
# Edu-Text

Edu-Text provides frequent grade and attendance updates to parents/guardians via text messaging

**Step 1:** Type your unique EduText Parent PIN to 28527 (ATLAS) and hit send.

EduText Parent PINs are noted on your child's progress report, available through your

child's school site and listed on the ATLAS Parent Portal



For families with multiple Fresno Unified students, you will need to text 28527 (ATLAS) separately for each of your EduText Parent PINs.

Activation is immediate, updates will begin the following school day.



# Graduation REQUIREMENTS

Fresno Unified School District requires a total of **230 credits** in the following areas to graduate. Typically, students earn five (5) credits for each course in which they receive a semester grade of "D" or better.

English Language Arts	40
American Government	5
U.S. History	10
Modern World History	10
Biological Science	10
Physical Science	10
Biological/Physical Science	10
Algebra I	10
Geometry	10
Mathematics	10
Physical Education	20
World Language/Arts	10
Economics	5
Electives	70
<b>Total</b>	<b>230</b>

\*Any courses taken in excess of the minimum required in any subject area will count toward the fulfillment of the Elective requirement.



Fresno Unified School District  
College and Career Readiness

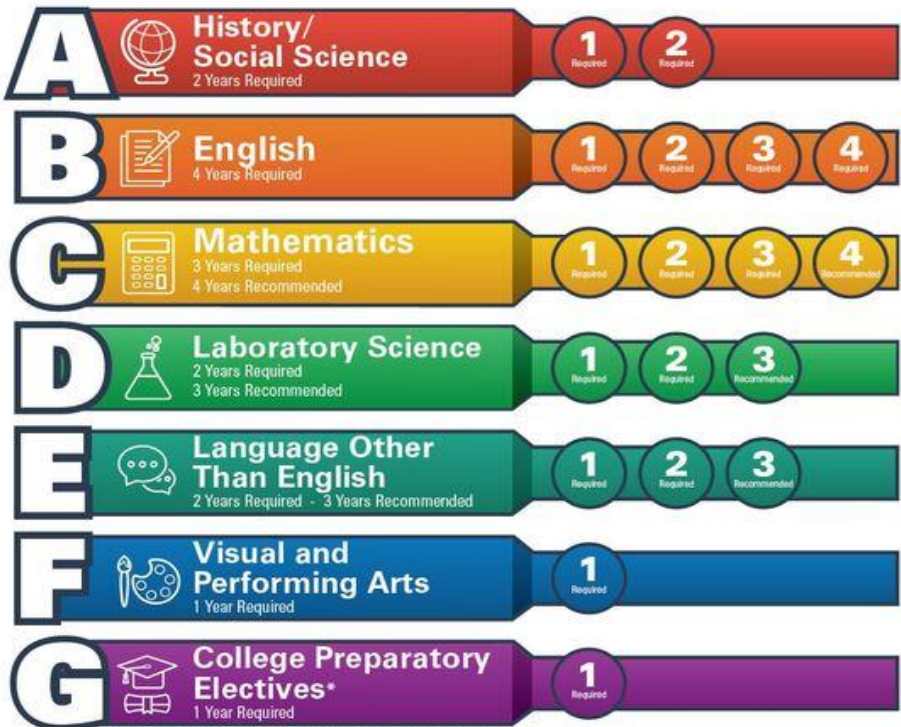
The table above illustrates the minimum graduation requirements of the Fresno Unified School District. Five (5) units are granted for successfully completing each semester of each course in which the student receives a "D" grade or better. If you have questions, please make an appointment with your student's academic counselor.



*You can go to college*

## A-G REQUIREMENTS

The University of California (UC) and California State University (CSU) systems require that students complete at least 15 courses in the areas listed below to be considered for admissions. Courses must be completed with a grade of "C" or better. Additional coursework beyond the minimum requirements is strongly recommended.



\*Any courses taken in excess of the minimum required in any subject area may count toward the fulfillment of the College Preparatory Elective requirement.



Fresno Unified School District

A-G courses are a series of high school classes that students are required to successfully complete for eligible admission to the California State University and University of California systems. The goal of A-G curriculum is to ensure students have attained core subject knowledge that will fully and effectively prepare them for college. To earn A-G credit, courses must be passed with a C or better. If you have questions, please make an appointment with your student's academic counselor.



# After School Program



## THE VELT After School Program

Open to all students!  
Free daily Tutorial available.



	Monday	Tuesday	Wednesday	Thursday	Friday
Academic activities	Tutorial Library 2:34pm-6:30pm Science and Math Tutorial Library 2:34pm-6:30pm Jennifer & Albert	Tutorial Library 2:34pm-6:30pm Science and Math Tutorial Library 2:34pm-6:30pm Mr. Hun, Jennifer Rudy Lopez & Albert	Tutorial Library 2:34pm-6:30pm Science and Math Tutorial Library 2:34pm-6:30pm Jennifer, Albert and Rudy	Tutorial Library 2:34pm-6:30pm Science and Math Tutorial Library 2:34pm-6:34pm Mr. Hun, Jennifer & Albert	Tutorial Library 2:34pm-6:30pm Science and Math Tutorial Library 2:34pm-6:34pm Jennifer, Rudy Lopez & Albert
	English/World Languages and Social Studies Library 2:34pm-6:30pm Ricky & Luis	English/World Languages and Social Studies Library 2:34pm-6:30pm Ricky & Luis	English/World Languages and Social Studies Library 2:34pm-6:34pm Ricky & Luis	English/World Languages and Social Studies Library 2:34pm-6:34pm Ricky & Luis	English/World Languages and Social Studies Library 2:34pm-6:30pm Ricky & Luis
	ELD Support Rosa Library 2:34pm-3:15pm	ELD Support Rosa Library 2:34pm-3:15pm	ELD Support Luis Library 2:34pm-3:15pm	ELD Support Luis and Maria Library 2:34pm-4:00pm	ELD Support Maria Library 2:34pm-4:00pm
	Academic Game Plan Room 8-25 2:30pm-5:00pm Mr. Dwayne		Academic Game Plan Room 8-25 2:30pm-5:00pm Mr. Dwayne		
Enrichment		Animation Club 3:00pm-5:30pm Room 109 Josephine		Ceramic Class 3:30pm-5:30pm Room S-110 Mr. Gutierrez	College Preparation Computer Lab Jennifer
	Screen Printing/Graphic Design 2:30pm - 6:15 Library Computer Lab Larry	Screen Printing/Graphic Design 2:30pm - 6:15 Library Computer Lab Larry	Bass Fishing Club 2:45pm-5:30pm Room 309 Mr. Spencer  Screen Printing/Graphic Design 3:00pm - 6:00pm Library Computer Lab Larry	Bass Fishing Club 2:45pm-5:30pm Room 309 Mr. Spencer  Screen Printing/Graphic Design 3:00pm - 6:00pm Library Computer Lab Larry	Screen Printing/Graphic Design 3:00pm - 6:00pm Library Computer Lab Larry
Physical Fitness Activities			Dance Club 3:45pm-6:15pm Room 36A Luis	Dance Club 3:45:00pm-6:15pm Room 36A Luis	Dance Club 3:45:00pm-6:15pm Room 36A Luis
		Weight Lifting Weight Room 3:15pm-5:15pm Dwayne			

The Expanded Learning Program/Afterschool Program is welcoming open enrollment to all students.

We offer free tutorial services for all subject and provide free snacks as well.

The Program runs from 3:00PM-6:30PM



# How It Works: Tutor.com Classroom

Connecting with expert tutors for on-demand, 1:1 help

The expert tutors at Tutor.com can help you work through a tough homework problem, improve your writing skills, study for a test, review a difficult concept, and so much more!



## Get started

1. Students can access by going to their Fresno Unified Clever account: [go.fresnou.org/clever](http://go.fresnou.org/clever)
2. Create an account or sign in to your Tutor.com account.
3. Click on "GET A TUTOR NOW" to get connected for your on-demand, 1:1 learning session.

01

## Get the right tutor

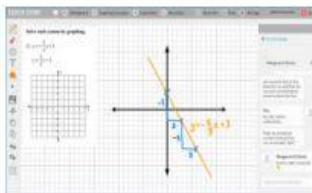
Fill in the quick pre-session questionnaire. Using this information, we will match you with the first available tutor best qualified to assist you.

A screenshot of a questionnaire form titled 'What do you need help with today?'. It includes fields for 'Topic' (with a dropdown menu showing 'Math') and 'Subject' (with a dropdown menu showing 'Calculus'). There is a text area for 'Enter your question' and a 'Submit & Find' button.

02

## Communicate

You can use our chat box or an audio connection to instant message or speak with your tutor in the online classroom. You and the tutor may also use the interactive whiteboard to share work and ideas. All activity in the classroom is recorded for review and quality control.



03

## Share a file

You can share many types of files with your tutor in the classroom. Upload an essay, your lab report, a PowerPoint presentation, and more. You and your tutor will be able to view the file together in the classroom.



04



Fresno Unified School District

[go.fresnou.org/clever](http://go.fresnou.org/clever)

tutor.com  
A Service of The Princeton Review

# Bus Schedule

**For Questions Please Call Transportation Department: 457-3138**

## ROOSEVELT

Effective Date 08/01/2022

**Route Number: 48      Route Name: 0994AA**

Time	Stops	Location
7:17 AM	Eaton school (millbrook)	6390 Millbrook AVE Fresno
7:26 AM	Cedar & gettyburg (rite aid)	4593 Cedar
7:37 AM	Palm & gettyburg	4545 Palm
7:41 AM	Ashlan & delmar (del mar school)	4122 Del mar
7:44 AM	Fresno & saginaw (manchester school)	2307 Dakota
7:52 AM	Fresno & lewis	Nw fresno-fwy 180
8:00 AM	Roosevelt	124 Barton Fresno

**Route Number: 66      Route Name: 0994AB**

Time	Stops	Location
7:11 AM	Emerson & marks (lions park)	4485 Emerson
7:15 AM	Marks & dakota	3411 Marks
7:24 AM	Lawless	5255 Reese AVE Fresno
7:32 AM	Sierra & valentine	3375 Sierra
7:41 AM	Palm & browning (bullard)	5445 Palm
8:00 AM	Roosevelt	124 Barton Fresno

**Route Number: 27      Route Name: 0994AC**

Time	Stops	Location
7:16 AM	Fresno high school	1839 Echo
7:23 AM	Lowell school (poplar)	171 Poplar
7:26 AM	Abby & belmont (cbz)	480 Abby
7:28 AM	Abby & olive	1130 Abby
7:32 AM	Yokomi school	2323 Mckenzie
7:41 AM	Gearheart & townsend	1437 Gearhart
7:47 AM	Calwa school (caviland)	4304 Kaviland AVE
7:53 AM	Church & backer	4645 Church
8:00 AM	Roosevelt	124 Barton Fresno

**Route Number: 8      Route Name: 0994PA**

Time	Stops	Location
3:30 PM	Roosevelt	124 Barton Fresno
3:40 PM	Sunnyside high school (stadium)	1019 Peach
3:48 PM	Church & backer	4645 Church
3:51 PM	Calwa school (caviland)	4304 Kaviland AVE
3:57 PM	Florence & orinda	2950 Florence AVE Fresno
4:05 PM	Edison high	540 California
4:12 PM	Lowell school (poplar)	171 Poplar
4:21 PM	Gearheart & townsend	1437 Gearhart

**Route Number: 32      Route Name: 0994PB**

Time	Stops	Location
3:30 PM	Roosevelt	124 Barton Fresno
3:41 PM	Mclane high school (cedar)	2727 Cedar
3:49 PM	Fresno & lewis	Nw fresno-fwy 180
3:50 PM	Yokomi school	2323 Mckenzie
3:54 PM	Abby & olive	1130 Abby
3:59 PM	Fresno high school	1839 Echo
4:11 PM	Browning & palm (bullard hs)	5445 Palm
4:18 PM	Hoover high school (first)	5550 First

**Route Number: 17      Route Name: 0994PC**

Time	Stops	Location
5:05 PM	Roosevelt	124 Barton Fresno
5:14 PM	Sunnyside high school (stadium)	1019 Peach
5:27 PM	Mclane high school (cedar)	2727 Cedar
5:37 PM	Hoover high school (first)	5550 First
5:45 PM	Browning & palm (bullard hs)	5445 Palm
5:55 PM	Fresno high school	1839 Echo
6:06 PM	Edison high	540 California

# Connect with RHS

**School Website:**

**<https://roosevelt.fresnounified.org/>**



@roughrideractivities

RHS Student Store: Apparel & School Spirit Items

Seniors: Class of 2022 info & Links

Juniors: Class of 2023 info & Links

Sophomores: Class of 2024 info & Links

Freshmen: Class of 2025 info & Links

2020-2021 (MAIN) Class Spirit Competition Meter

Instagram: @rhs\_roughrideractivities

Twitter Account @TheRhsRiders

Facebook: Roosevelt Fresno (Roosevelt-Activities)

Roosevelt High School Website

Counseling Website

## Stay Updated Through Roosevelt Link Tree

**<https://linktr.ee/roughrideractivities>**

- **Information for all grades level & coming up school events**
- **Can also be found through visiting Roosevelt's Main Web Page**

# BOARD ADOPTED February 2, 2022

\*Deviations from the calendar require Board approval.

## TEACHER INSTITUTE DAYS

August 11 & 12

## DISTRICT BUYBACK DAYS

August 10, 2022

October 10, 2022

March 6, 2023

## INSTITUTE & BUYBACK DAYS ARE NON-STUDENT DAYS

## VACATION & HOLIDAYS

Independence Day: July 4

Labor Day: Sept. 5

Veterans' Day: Nov. 11

Thanksgiving: Nov. 21-25

Winter Break: Dec. 19-Jan. 6

M.L. King, Jr. Day: Jan. 16

Lincoln's Birthday: Feb. 13

Presidents' Day: Feb. 20

Spring Break: April 3-10

Memorial Day: May 29

Independence Day: July 4, 2023

## HOLIDAYS FOR CLASSIFIED PERSONNEL

2022: July 4, Sept. 5, Nov. 11,

Nov. 24 & 25, Dec. 23, & 26.

2023: Jan. 2, Jan. 16, Feb. 13,

Feb. 20, April 7, May 25, July 4

Board of Education Meetings

are held at the

FUSD Education Center

<https://www.fresno.k12.ca.us>

Public Schools Month: April 2023

CA Day of the Teacher: May 16, 2023

Classified Employees Week: May 15-21, 2023

# FRESNO UNIFIED SCHOOL DISTRICT ACADEMIC CALENDAR SCHOOL YEAR 2022-2023

BLACK FIGURES DENOTE DAYS SCHOOL WILL BE IN SESSION

RED FIGURES DENOTE NON-STUDENT DAYS WHEN SCHOOL WILL NOT BE IN SESSION

HOLIDAY INSTITUTE DAY NOT IN SESSION BUYBACK DAY

JULY 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
						0

AUGUST 2022						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
						13

SEPTEMBER 2022						
S	M	T	W	T	F	S
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
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JULY 2023						
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Visit us on the web  
[www.fresnounified.org](http://www.fresnounified.org)

**SCHOOL BEGINS**  
August 15, 2022  
**SCHOOL ENDS**  
June 8, 2023

**Elementary & Secondary**  
Reporting Periods

Oct. 7... Period 1 ends (39 days)  
Dec. 16... Period 2 ends (43 days)  
Mar. 17... Period 3 ends (46 days)  
Jun. 8... Period 4 ends (52 days)

## REPORT TO PARENTS

Sept. 12-16... 1<sup>st</sup> Progress Notice  
Oct. 11-21... 1<sup>st</sup> Report Card  
(Elementary Parent Conferences)  
Nov. 2-10... 2<sup>nd</sup> Progress Notice  
Jan. 9-13... 2<sup>nd</sup> Report Card  
Feb. 10-17... 3<sup>rd</sup> Progress Notice  
Mar. 20-24... 3<sup>rd</sup> Report Card  
May 4-10... 4<sup>th</sup> Progress Notice  
June 8... 4<sup>th</sup> Report Card

## END OF SEMESTER DATES ELEMENTARY & SECONDARY

Dec. 16 (82 days)  
June 8 (98 days)

## STANDARDIZED TESTING WINDOW

State Testing  
March 27 - June 8

Traditional School Year - 180 teaching days and 5 non-student days



# Community Resources



(888) 885.5580  
jd@prodigy-hc.com  
www.prodigy-hc.com  
PO Box 820,  
Fowler, CA 93625

## SUBSTANCE ABUSE COUNSELING

### What is Prodigy?

Prodigy Healthcare Inc. provides evidence-based substance abuse counseling services for school districts. These services include Motivational Interviewing, Psychoeducation, Trauma Informed Treatment, Cognitive Behaviors Therapy & Relapse Prevention.

### What type of services are provided?

Individualized one-on-one counseling sessions; screening, intake, assessments, treatment plan development, case management, crisis counseling, collateral (family), group counseling, discharging planning.

### Who are the counselors?

Counselors hold, at minimum, a bachelor's degree in a health or human service-related field, such as psychology, sociology, criminology, social work, or child development. All counselors are also registered with the ACCBC (Addiction Counselor Certification Board of California) as a Certified Addiction Treatment Counselor (CATC) in compliance with Title 9, Division 4, Chapter 8 §13035(f) of the California Code of Regulations for Alcohol and Drug Counselor Certification. Prodigy's counselors are experienced in working with students on school campuses.

### What does a typical day look like for a counselor?

Each of the school sites Prodigy serves is assigned a site counselor. That counselor reports to the school site daily. They work with the school staff, mostly administrators, to identify counseling needs for students. They devote most of the school day working with students that are pulled out of elective classes.

### How do we measure success for students?

Success is measured by seeing a decrease in substance use and an increase in credit completion/graduation rates. Prodigy meets with school administrators once a month to discuss the success of the students in our program.

### Counseling services during COVID-19

Prodigy offers online referrals ([www.prodigyreferrals.com](http://www.prodigyreferrals.com)), telehealth services and in person services (if requested by the individual). Prodigy follows all guidelines issued by the CDC (Centers for Disease Control and Prevention).

### Cost

Services are provided at no cost to the school districts, students, and their families.

## Staying Informed

Hoping all of you are well and staying home and healthy. I know we are all trying to wrap our heads around the current situation and the ongoing changes. I want to provide you with all the emergency numbers in one handout to support you or our students in case you need them.

### Emergency Resources

<b>Roosevelt High Tip line</b>	<b>559-549-7470</b>	The Roosevelt anonymous Tip Line is available for you to provide information to administration "Text or Call". Reach out if you need any assistance or support.
<b>Fresno Unified School District</b>	<b>559-457-3395</b>	<b>COVID -19 Call Center</b>
<b>Exodus Recovery Youth Crisis</b>	<b>559-512-8700</b>	Exodus is a 24-hour facility that provides crisis stabilization services for youth who are experiencing a mental health crisis. Services are on a walk-in, voluntary basis or youth who are on a Welfare and Institutions Codes 5150.
<b>SAMHSA Disaster Distress Line</b>	<b>800-985-5990</b>  <b>Or Text</b>  <b>"TalkwithUs" to 66746</b>	24-hour national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster.
<b>Central Valley Suicide Prevention Hotline</b>	<b>(888) 506-5991</b>	24-hour crisis hotline for individuals who are contemplating, threatening, or attempting suicide.
<b>National Suicide Prevention Hotline</b>	<b>(800) 273-TALK</b> <b>(800) 273-8255</b>	24-hour crisis hotline for individuals who are contemplating, threatening, or attempting suicide.
<b>California Youth Crisis Line</b>	<b>(800) 843-5200</b>	24-hour crisis hotline for individuals 12-24 years of age who are contemplating, threatening, or attempting suicide, including their family and friends.
<b>The Peer-Run Warm Line</b>	<b>(855) 845-7415</b>	A non-emergency resource for anyone in California seeking emotional support. We provide assistance via phone and webchat on a nondiscriminatory basis to anyone in need.
<b>Hopeline</b>	<b>Text "hello" to 741741</b>	Free, confidential texting to a trained crisis counselor. Text are free for AT&T, T-Mobile, and Sprint. 741741 will not show on a phone bill.
<b>Teen Line</b>	<b>Text "TEEN" to 839863</b>	Free, confidential texting to a trained teenager who have received specialized training to support peers. The support line operates every evening from 6:00pm to 10:00pm PST.
<b>Meals at School</b>	<b>559-457-3395</b>	Fresno Unified School District is offering free grab-and-go breakfasts and lunches for students and their families at the following school sites from 9 a.m. to 11 am: <b>Elementary Schools:</b> Addams, Birney, Columbia, Figarden, Hamilton, Lincoln and Wawona <b>Middle Schools:</b> Ahwahnee, Computech, Cooper Academy, Fort Miller, Kings Canyon, Scandinavian, Sequoia, Tehipite, Tenaya, Terronez, Tioga, and Yosemite. <a href="https://ccfoodbank.org/food-locator/">https://ccfoodbank.org/food-locator/</a>
<b>Marijane Mason Center</b>	<b>(559) 233-4357</b>	If you are a victim of domestic violence and need assistance services continue to be available 24/7. If it is unsafe for you to call, you may also email our 24/7 crisis response team at <a href="mailto:crt@mmcenter.org">crt@mmcenter.org</a> .
<b>Wi-Fi Locator</b>	<b>Xfinity.com/WiFi</b>	WiFi hotspots all around the city. No password necessary.
<b>Social Emotional</b>	<b>Phone Apps</b> <b>MY3</b>	MY3 App lets you stay connected when you are having negative thoughts or not feeling well. Calm harm helps manage emotions and urges.



### Stay Healthy!



#### Schedule

Get up extra early  
Stay up late  
Sleep in late  
something off your 'to do' list



#### Kindness

Help a friend / neighbor / stranger  
Make a gift for someone  
Try a random act of kindness  
Do someone a favour  
Teach somebody a skill  
Do something nice for someone  
Plan a surprise for someone  
Make a list of your good points  
Make a list of things or people you are grateful for



#### Write

Write a letter with compliments  
Write a letter to your politician  
Write an angry letter  
Write a grateful letter  
Write a 'thank you' card  
Write a journal / diary  
Write your CV  
Start writing a book



#### Create

Draw a picture  
Paint a portrait  
Take a photograph  
Doodle / sketch  
Organise photographs  
Make a photograph album  
Start a scrapbook  
Finish a project  
Do some sewing / knitting



#### Be active

Go for a walk  
Go for a run  
  
Go cycling  
Use an exercise video at home

## **Emergency Shelter**

**For immediate assistance, dial 211 from any telephone.**

### **Fresno Rescue Mission**

315 G Street  
Fresno, CA 93706  
(559) 444-0451  
Hours: 24 hours

Emergency overnight shelter for families.  
Knock on door for assistance.

### **Fresno EOC Sanctuary Youth Shelter**

2336 Calaveras  
Fresno, CA 93721  
(559) 498-8543  
Hours: 24 hours

Emergency temporary shelter for teens 12-18 years of age. Parental consent required 24 hours after intake.

### **Rescue the Children**

2141 N Parkway Dr.  
Fresno, CA 93705  
(559) 227-4706  
Hours: 24 hours

Emergency and long-term services to at-risk, abused, homeless, or previously incarcerated women or women with children.

### **Marjaree Mason Center Safe Houses**

1600 M. Street  
Fresno, CA 93721  
(559) 237-4357  
Hours: 24 hours

MMC ensures victims of domestic violence, male or female, are provided a safe place to reside.

### **Evangel Home**

137 N. Yosemite  
Fresno, CA 93701  
(559) 264-4714  
Hours: 24 hours

28-day shelter for women and women with children. Call for intake assessment and availability. No boys over age 10.

### **Naomi's House**

445 F. Street  
Fresno, CA 93706  
(559) 443-1531  
Hours: M-F 4:30PM-7:30AM  
Sat. & Sun. 12:45PM or 5:54PM-7:00AM

24 bed overnight shelter for single homeless women over 18.

### **Poverello House Village & Community of Hope**

412 F. Street  
Fresno, CA 93706  
(559) 498-6988  
Hours: M-F 8:00 AM-4:30PM

Temporary shelter for women and men 18 and over. Intake assessment conducted in the family side of Poverello House M-F at 10:30AM.

### **Day Shelter**

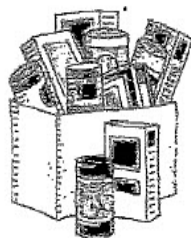
### **Saint Agnes Holy Cross Center for Women & Children**

421 F. Street  
Fresno, CA 93706  
(559) 450-7800  
Hours: M-F 8:00AM-4:00PM Sat. 8AM-11:30PM

Walk-ins welcome. Day shelter for women and children. No men over age 18.



## Food Distribution List



Every Thursday at 9:00am

Hot Meals every Thursday at 5:30pm

**Wesley United Methodist Church**

1343 E. Barstow Ave

Fresno, Ca 93710

(559) 224-1947

Hot Meals every Friday Night at 6:00pm

**Saint Paul Catholic Newman Center**

1572 E. Barstow Ave

Fresno, CA 93710

(559) 436-3434

1<sup>st</sup> Wednesday of the Month

**Fresno Spanish Seventh Day Adventist**

3033 E Olive Ave

Fresno, CA 93701

(559) 237-7242

9am-10am

3<sup>rd</sup> Wednesday of the Month

**The Bridge Evangelical**

3438 E Ashlan Ave

Fresno, CA 93726

(559) 226-4100

10 am-11am

Every Tuesday

**Hope Lutheran Church**

354 Barstow Ave

Fresno, CA 93710

(559) 439-4320

7:30am-9:00

2<sup>nd</sup> Tuesday of the Month

**Saints Community Church**

3740 E Ashlan Ave

Fresno, CA 93726

9am-11am

(559) 227-9819

3<sup>rd</sup> Thursday of the Month

**Valley Christian Center**

4649 E Shields Ave Fresno, CA

Fresno, CA 93726

(559) 252-1901

9am-10am

notes

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notes

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